

家长分享: **Impossible is Possible**

Damien Ng (男 6 岁)~爸爸敬上

My son Damien Ng just turned 3 years old when he started his preschool. We were informed by his preschool principal that he had a bit of social problems (not socialize and communicate with his classmates) and also has speech delayed. After a discussion and advice from the principal, we started to monitor Damien's behaviour. He was very bad tempered and usually took a while to stop throwing tantrum and even crying. His speech was very limited to few words like "daddy" and merely fingers pointing as a form of communication when he request for biscuits and milks. We decided to have him assessed at one of the psychology centre. He was diagnosed as having Asperger's syndrome which is a very mild Autism. We were extremely sad after he concluded our son conditions and also feeling helpless because of fear unable to take tackle his developmental issues and also knew we simply impossible to afford his treatments and therapies costs. I immediately started to look for books at bookstore related to Autism and Asperger's syndrome. I always thought Autism cannot be cured. After reading a book written by famous doctor (Dr Robert Melilo) from US, I suddenly have hope and very optimistic for Damien's problem that Autism can be cured. His approach were based on Sensory motor integration (physical exercises activities), Cognitive/Neuro activities and Diet.

Then we finally found VE centre which Damien's preschool principal recommended to us. She told us this centre can help us and some of her students have proven effective results. Therefore, we met principal Madam Sally Tan. She done an assessment on Damien and concluded he had speech delayed but not autistic or Asperger type. She convinced me by just giving the trusts to let Damien join and go for VE centre's sensory integration exercise for 3 months (after that I can make a decision to whether to further continue if it is proven to have good result) which is found to be very similar to the Dr Robert Melilo, which is to stimulate brain neurons by using sensory exercises, so all the neurons can eventually connect to make our brain function as a whole.

Just around 2 months later, Damien's speech has improved. He has spoken more words and even requested for his milk and biscuits by spoken to us. He is willing to learn to communicate with us verbally. After few more weeks at VE centre, his passing motions even improved from previously 2 to 3 days once, to everyday or even now more than 1 time daily. We are very delighted for his bowel movements as Damien used to has bowel problems. I realized from reading books for children with development delayed problems will show signed of improvements when their brain neurons started to make more connections and ultimately cured.

Now my son is more calm, can communicate and like to socialize with his schoolmates and started to learn more words and talking more words in sentences. He is better child now. We are proud of him and his hard works at VE Centre has bear fruits.

Therefore, I would like to express my sincerely gratitude and say thank every much to Dr Robert Melilo for his book which given me hopes, motivation and knowledge about children developmental issues, Damien's preschool principal for her advise that realize Damien's problems so early and known about VE centre and of course, deep down from my heart I would like to thanks to VE centre principal Madam Sally Tan, your centre and your warmth guidance to this school to provided Damien and other childrens opportunities to improve in their developmental problems and wellbeing. Lastly to all VE centre's teachers such as Ms Tan (Damien's direct teacher), Ms Lee, Mr Wong, Ms Thin, Ms Leong, 2 other Ms Tan and other teachers that I might have missed their names. Thank you very much for your patient and kindness you all have given to Damien and have made him improved socially and mentally.

My advice to parents of child related problems is please don't give up on your children, have faiths, hopes on your children and most important accept the fate conditions of

your child. Also give more supports, cares, loves and patience to them as these exercises may be long and tired journey. Lastly as my personal experiences, I had done great mistakes by letting Damien playing too much of Ipad's games. Please limit your children interaction with multimedia gadgets (especially Ipad / smartphones) gaming and less tv watching as these are not beneficial to their long term brain development (facts were concluded by Dr Robert and Madam Sally Tan).